



## Nurse's Notes

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Dear Parents/Guardians:

We would like to welcome you and your child to Odyssey Charter School.

The following are mandatory health forms for all incoming kindergarten and new enterers to OCS. All students are expected to have the following on file in the nurse's office by **July 27, 2012**. All forms can be downloaded from the Odyssey Charter School website.

1. Physical Exam Form
2. Delaware Emergency Treatment Card (Green)
3. Immunization Record (**Due May 30, 2012**)

### **PHYSICAL EXAMINATIONS:**

Physical Exam/Immunization form can be downloaded from the Odyssey Charter website. All students shall have a physical examination that has been administered by a licensed medical physician, nurse practitioner, or physician's assistant. **The form must be current and dated after August 27, 2010.**

### **IMMUNIZATIONS:**

All students entering the Odyssey Charter School are required to comply with the immunization regulations adopted by the Delaware Department of Education. Documentation of the vaccines listed below is required for attendance. **A new enterer is defined as “any child between the ages of two months and 21 years entering or being admitted to a Delaware school district for the first time, including but not limited to, foreign exchange students, immigrants, students from other states and territories and children entering from non-public schools.”**

### **Delaware's Schedule of Required Immunizations:**

- Five or more doses of DtaP, DTP, or TD vaccine (unless fourth dose was given after 4<sup>th</sup> birthday)
- Four doses of IPV or OPV (unless third dose was given after 4<sup>th</sup> birthday)
- Two doses of MMR (measles, mumps, rubella). Disease histories for measles, mumps, and rubella shall not be accepted unless serologically confirmed.
- Three doses of Hepatitis B vaccine. Titers are not acceptable in lieu of completing the vaccine series and a disease history for Hepatitis B shall not be accepted unless serologically confirmed.
- Two doses of Varicella. Beginning in the 2008-2009 school year, “new enterers” shall be required to have two doses of the Varicella vaccine. Also, a disease history for Varicella must be verified by a health care provider to be exempted from the vaccination.

### **TUBERCULOSIS SCREENING/SKIN TESTING:**

The state of Delaware requires all school enterers to show proof of tuberculosis risk assessment, and if needed, skin testing within the past 12 months. Written documentation must be provided. Anyone who has already been in the public school system needs to provide the date and results of their last tuberculosis testing or screening. It is recommended that anyone who has traveled for at least 2 weeks to areas where tuberculosis is common (Africa, India, and the Caribbean) should have skin testing.

### **LEAD SCREENING:**

The *Childhood Lead Poisoning Prevention Act* requires all health care providers to order screening for children at or around 12 months of age. Documentation that a blood test was completed must be on file for all children entering kindergarten.

### **EMERGENCY TREATMENT CARD:**

Please fill out both sides of this form. This must be filled out on A YEARLY BASIS. This information may be shared on a need to know basis with school personnel. One purpose of this form is to assist the nurse and other school personnel in contacting parents/guardians should a medical emergency arise.

**During the course of the school year, should this information change, please notify the school nurse so that we can update your child's card.**

### **MEDICATION POLICY:**

**By law, students are not permitted to carry any form of medication with them at school**, including Tylenol and Advil. All medications are to be administered by the school nurse. Students must have parental permission for medication to be administered during the school day. There must be a current emergency card on file which gives parental permission to distribute Tylenol/Ibuprofen during the day. I also supply Tums and cough drops.

### **Prescription Medications:**

Medications prescribed by a licensed healthcare provider may be administered to students by the school nurse under the following conditions:

- Written request received from the parent/guardian
- The medication must be brought to school in the original container that is properly labeled with the student's name, the dosage, how and when it is to be administered, the name and phone number of the pharmacy, and the current date of the prescription.
- Any allergies are noted
- The prescription and the medication shall be current and long term prescriptions shall be re-authorized at least once a year.
- Students with asthma or those who require an epi-pen must have an Emergency Care Plan filled out by their physician. Emergency Care Plans need to be completed on A YEARLY BASIS.

### **Over-The-Counter Medications:**

The nurse's office routinely stocks Tylenol, Ibuprofen, Tums, and throat lozenges. Students must have written permission each year from the parent/guardian in order for the school nurse to administer the medications. Non-prescription medications may be given by the school nurse after the nurse assesses the complaint and symptoms. It will be determined if other interventions can be used before administering medication. If a student requires any other type of over-the-counter medication during school hours, the medication needs to be brought into the nurse's office in its original container with a note from the parent/guardian stating the dosage, time, and reason for the medication.

**\*Please note\***- These are the State of Delaware regulations and **no** exceptions will be made. If the medication sent in for your child does not meet ALL of the above criteria for labeling and proper physician orders and parent/guardian permission, the medication **WILL NOT BE GIVEN**. The medication will be sent home with your child. We cannot accept telephone permission to administer medication.

Thank you for your cooperation. If you have any questions, please feel free to contact us.

Sincerely,

***Demetra Tzinoudis, R.N., B.S.N.***

***Paula Lowe, R.N., B.S.N.***

# Odyssey Charter School Nurses